



Girls' Empowerment Groups — Tools to support group facilitators to promote action on healthy living issues

Webinar

Monday

March 25, 2013

12:00 – 1:00 PM (EDT)

Language: English

Presenters:

- Nancy Poole, BCCEWH
- Ginny Gonneau, BCCEWH
- Tatiana Fraser, Girls Action Foundation
- Sydney Millar, CAAWS

Girls Action Foundation is launching 3 new backgrounders intended to support the work of facilitators of girls' empowerment groups, programmers and organizations working with girls and young women.

The backgrounders offer current information, resources, practical tools, web-based materials and sample group activities on:

- Girls, Alcohol and Depression
- Girls, Smoking and Stress
- Girls, Physical Activity and Culture

Join in to learn more about these resources and related tools that are grounded in a study of *Girls' Perspectives on Girls' Groups and Healthy Living* (2011) which explored promising practices in girl-centred health promotion (See [English](#) and [French](#) reports).

These backgrounders were developed in collaboration with the British Columbia Centre of Excellence for Women's Health (BCCEWH), the Girls Action Foundation and the Canadian Association for the Advancement of Women and Sport and Physical Activity (CAAWS).

HOW to REGISTER

To register go to: <http://bit.ly/YK7HWF>
Please register by March 23, 2013

Once you register, you will be sent complete instructions for joining on the day, and the number to contact for support. If you have questions or would like more information, please contact: bccewh@cw.bc.ca

