



Women's Heart Health Summit



Heart Health Promotion: What Works for Women?

More women in Canada die from heart disease and stroke than all forms of cancer put together. Preventing cardiovascular disease could save thousands of women's lives and improve their quality of life.

Come together with other health care providers, managers, policy makers and researchers to discuss and advance a gendered approach to heart health promotion that considers the needs among and between populations of women.

The aims of the summit are to:

- ◆ Share knowledge about the prevalence of heart disease in BC women and the implications for primary and secondary prevention
- ◆ Share insights and experiences about a gendered approach to heart health promotion for women
- ◆ Identify opportunities for collaboration to improve heart health promotion for women in BC

Chan Auditorium

950 W. 28th Avenue, Vancouver
BC Women's Hospital & Health Centre

Tuesday, February 12, 2013

8:00am - 4:00pm

Registration deadline: February 6, 2013

No Registration Fee

Telehealth services available

To register: [Click here](#) *

Summit Partners

BC Women's Hospital & Health Centre
BC Centre of Excellence for Women's Health
BC Healthy Living Alliance
BC Ministry of Health
First Nations Health Authority
Fraser Health Authority
Heart & Stroke Foundation of BC & Yukon
Providence Healthcare Research Institute
Vancouver Coastal Health Authority

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Speakers

Sonia Anand, MD, PhD, Canada Research Chair in Ethnic Diversity and Cardiovascular Disease; Heart & Stroke Foundation Ontario/Michael DeGroote Chair in Population Health Research; Eli Lilly/May Cohen Chair in Women's Health Research, McMaster University

Diliana Chopova, MPH
Project Evaluator, Fraser Health

Karin Humphries, MSc, MBA, DSc, UBC-Heart and Stroke Foundation Professor in Women's Cardiovascular Health; Associate Professor, Faculty of Medicine, UBC

Sharon Jinkerson-Brass, Community Health Liaison, Pacific Association of First Nations' Women, member of Key First Nation, Saskatchewan

Nadia Khan, MD, MSc, FRCPC, General Internist, St Paul's Hospital; Associate Professor, Faculty of Medicine, UBC; Career Scientist, Michael Smith Foundation for Health Research; Clinician Scientist, Center for Health Evaluation and Outcomes Sciences

Diane Middagh, MN/NP (F), Nurse Practitioner, Nurse Practitioner Clinics, BC Women's

Ann Pederson, MSc, PhD(c), Director, BC Centre for Excellence for Women's Health

Denise Penalzoza, RN, MSN, Program Coordinator, Maxxine Wright Community Health Centre, Fraser Health

Natasha Prodan-Bhalla, MN/NP (A), Nurse Practitioner, The Heart Program for Women, Nurse Practitioner Clinics, BC Women's, Adjunct Professor, Faculty of Nursing, UBC

This Special Grand Rounds is a self-approved group learning activity (Section 1) as defined by the Maintenance of Certification program of the Royal College of Physicians and Surgeons of Canada.

8:00 am **Refreshments & Registration**

8:30 am **Welcome:**

- ♦ Opening by Coast Salish Elder
- ♦ Jan Christilaw, President, BC Women's Hospital & Health Centre
- ♦ Arlene Paton, Assistant Deputy Minister, Population and Public Health, Ministry of Health

8:45 am **Setting the Context:**

- ♦ Karin Humphries, Heart Disease in BC Women
- ♦ Nadia Khan, Prevention of Heart Disease in Women
- ♦ Sonia Anand, Sex and Gender as Determinants of Heart Health

10:15 am **Refreshment break**

10:45 am **A Gender-Sensitive Framework to Promoting Heart Health:**

- ♦ Ann Pederson

11:30 am **Lunch** (complimentary – RSVP required)

12:30 pm **Applying the Framework:**

Lessons from BC Women's

- ♦ Natasha Prodan-Bhalla
- ♦ Diane Middagh
- ♦ Sharon Jinkerson-Brass

Lessons from Fraser Health

- ♦ Denise Penalzoza
- ♦ Diliana Chopova

2:00 pm **Refreshment Break**

2:15 pm **Bringing it All Together: Interactive Group Session**

3:45 pm **Closing Remarks**

- ♦ Jan Christilaw, President, BC Women's Hospital & Health Centre