

## Alcohol and Pregnancy Warning Signage

WARNING SIGNAGE IN ALCOHOL RETAIL OUTLETS REMINDS COMMUNITIES THAT — IT IS SAFEST FOR WOMEN NOT TO DRINK IN PREGNANCY.

Fetal Alcohol Spectrum Disorder (FASD) is a term used to describe a range of effects that can occur in an individual who was exposed to alcohol before birth.

FASD can include physical, mental and behavioural difficulties and learning disabilities.

More can be done by communities to support women to avoid alcohol use during pregnancy.

Find out more about alcohol and pregnancy warning signage bylaws online.

www.health.gov.bc.ca/women-and-children/womens-and-maternal/healthy-choices.html

LEARN ABOUT EFFECTIVE
PREVENTION MESSAGES AND
SIGNAGE AS A PART OF A
RANGE OF COMMUNITY-BASED
INITIATIVES TO PREVENT FETAL
ALCOHOL SPECTRUM DISORDER.

